

NO FOURTH RIVER Interview Questions

No Fourth River

What prompted you to write this book?

In your novel 'No Fourth River' you don't hold back, you share your experiences, the choices you made, the good and bad ones. Are you worried about what people will think?

What was the reaction you received when people you know read your novel?

What message do you want to send with your story?

What would you like someone who read your book to do?

Who do you want to read this book?/Who is your book for?

You've had quite an eventful life. Who are you now?

How have your experiences changed/ shaped you?

If you could change anything in your life, what would it be?

Did you ever have any counselling sessions as a child or an adult to help you work through your past?

Child Abuse

What form of child abuse did you suffer? (Note to interviewer: Christine did NOT suffer any sexual abuse).

Who were the perpetrators?

You mentioned the Walk of Shame in boarding school in your book. Tell me more about that.

You have a chapter called Dr. Kitzel in your book. Tell me a bit more about that.

Did your child abuse years have an influence on your teenage years?

How did it affect you and how did it make you feel then?

How did you deal with it when it happened?

What support did you have?

Does your past experience of abuse still affect you now? How so?

In your opinion, do you think that a person can mentally heal from the scars of their abusive past?

What would you say to a person who has had an abusive past too?

Domestic Violence

Your novel 'No Fourth River' relates your own experience of domestic violence. What would you say to someone who is in the same situation right now?

What do you think is the single most important factor that stops a domestic violence victim from reaching out/ leaving or getting help?

What should people close to a domestic violence victim be on the lookout for?

Why do you think many people stay with their violent partner instead of leaving them?

What are the factors that lead to a violent marriage/ domestic violence?

When did you first think, 'I've got to leave him'?

What was the deciding factor for you to leave him?

From then, how long did it take you to leave him?

Where did you find the strength to leave him?

Was there any point that you thought, 'I'm going back'?

Who did you turn to for support, during your marriage?

Who did you turn to for support after your marriage?

Who do you suggest victims turn to for support?

What are the questions you get asked most often about your experience/ violent marriage?

How do you find people react when they learn about your violent marriage and what you've been through?

Inspirational

Did you realise when you shared your story you would become an inspiration to others?

What is your message to any readers who use your book as inspiration?

What is your message to other people who have experienced similar horrible things in their life?

You wrote your book to help others. Tell me more about that.

Have people who read the book told you it's an inspirational story?

How have you inspired others?

What particular part of your story resonates with your readers?

Following the response from readers of 'No Fourth River' you have started the #BraveMe campaign, what is it about?

Adolescence and bad choices

You've had a tumultuous adolescence, what is the impact this has had on your life?

What would you tell your teenage self, if you could reach back in time?

What was the worst thing you did/happened during your adolescence? Do you think this could have been avoided?

What would have helped you during these teen years?

What support do you think teens need?

As someone whose teenage years are the stuff of parents' nightmares and a mother who has seen her children through their teenage years, what advice would you give other parents?

Parenting

How does your parenting style differ from that of your parents?

What are your feelings for your parents now?

Do your experiences make you a better parent? How?

What would you say to others who have had a similar childhood to yours?

Do you think that parenting in the 1980s and parenting now, in the 21st century has changed? Do parents need to do things differently?

You have spent your parenting years building your business. There are a lot of working parents who face the challenges of juggling work and family, how did you do it?

What would be your advice to these parents?

What are the challenges that working mothers face when it comes to raising a family?

Entrepreneurship

You had no money when you started your first business. How did you manage to grow the business into a big and successful company?

Are you still an entrepreneur? What do you do now?

How did you start your entrepreneurial journey?

Is it easy for someone to start their own business?

What are the challenges that one can face?

Where do you recommend someone start when they decide to start their own business?

What makes you successful as an entrepreneur?

You say you are a serial entrepreneur, what was your favourite venture?

What was it like being a young woman entrepreneur in the early 1980s?

What are your tips for becoming a successful entrepreneur?

Bedwetting

When did the bedwetting start for you?

What was the trigger?

What was your reaction and that of your parents when you started wetting the bed again after being dry at night?

What remedies did you try in an attempt to stop the bedwetting? Did they work?

You went to a boarding school run by nuns, what was the reaction of the nuns and the other children?

Tell me more about your Walk of Shame in boarding school, when you were only 5 years old.

How did it affect your life long term?

When did the bedwetting stop?

Do you have any advice for children who wet the bed at a late age?

The Power Of Positive Mind

How did your positive mindset affect you in changing your world around?

How can it help others?

How do you cultivate a positive mindset?

Do you think you can achieve more with a positive mindset? Why?

The Power Of True Love?

Do you believe in true love or is it just a fairy-tale?

How did meeting your second husband influence your life?

How did you meet the 'One'?

How did you know it was true love?

Can you describe some of the relationships you had before you met your soulmate?

There were quite a few barriers to your relationship with your second husband on both sides, tell me a bit more about it.

The Question and Compatibility List

In your novel 'No Fourth River', you talk about a list of questions you asked your second husband before you took your relationship to the next level. This is unheard of, why did you do that?

How many questions were on that list?

What was his reaction when you brought out your list?

Can you share a few questions on this list with us?

Did he pass the test?

Did this list help your relationship?

How long have you been married now?

You also made a "compatibility list" before you decided to take things further with your second husband.. Explain what that was and why.

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